

VEGETARIAN AUTUMN TERM 1 - MENU 1

Weeks commencing; 02/09/24, 23/09/24, 14/10/24

MON

Quorn Sausage &
Yorkshire Pudding

With
Mashed Potato, Peas
& Gravy

Cheese Sandwich

Fresh Fruit,
Yoghurt
or

Chocolate Cookie &
Fruit

TUES

BBQ Quorn Wrap

with
Rice &
Veggie Sticks

Cheese Sandwich

Fresh Fruit,
Yoghurt
or

Shortcake &
Custard

WED

Quorn Roast Fillet

with
Oven Roasted
Potatoes
Mixed Vegetables
& Gravy

Cheese Sandwich

Fresh Fruit,
Yoghurt
or

Vanilla Muffin &
Fruit

THURS

Cheese & Tomato
Pasta Bake

with
Crusty Bread &
Sweetcorn

Cheese Sandwich

Fresh Fruit,
Yoghurt
or

Peach Melba

FRI

Ocean Friendly
Fingers

with
Chips & Baked
Beans

Cheese Sandwich

Jacket Potato
& Beans

Fresh Fruit,
Yoghurt
or

Chocolate Crackle

VEGETARIAN AUTUMN TERM 1 - MENU 2

Weeks commencing; 09/09/24, 30/09/24, 21/10/24

MON

Veggie Chilli

with
Rice &
Mixed Vegetables

Cheese Sandwich

Fresh Fruit,
Yoghurt
or
Oaty Biscuit & Fruit

TUES

Crispy Nugget
Dippers

with
Potato Wedges,
Southern Gravy Dip
& Veggie Sticks

Cheese Sandwich

Fresh Fruit,
Yoghurt
or
Chocolate Sponge
& Cream

WED

Quorn Roast Fillet &
Yorkshire Pudding

with
Mashed Potato,
Baby Carrots,
Broccoli & Gravy

Cheese Sandwich

Fresh Fruit,
Yoghurt
or
Lemon Drizzle
Muffin

THURS

Italian Style Pasta
Bolognese

with
Sweetcorn
& Crusty Roll

Cheese Sandwich

Fresh Fruit,
Yoghurt
or
Chocolate Oat
Delight & Custard

FRI

Crispy Rainbow
Fingers & Chips

with
Garden Peas

Cheese Sandwich

Jacket Potato
& Cheese

Fresh Fruit,
Yoghurt
or
Waffle, Ice Cream &
Fruit

VEGETARIAN AUTUMN TERM 1 - MENU 3

Weeks commencing; 16/09/24, 07/10/24

MON

Quorn Patty
Breakfast Roll

with
Hash Browns &
Baked Beans

Cheese Sandwich

Fresh Fruit,
Yoghurt
or
Chocolate Crunch &
Cream

TUES

Cheese Pizza

with
Potato Wedges &
Veggie Sticks

Cheese Sandwich

Fresh Fruit,
Yoghurt
or
Strawberry
Smoothie

WED

Quorn Roast Fillet
& Stuffing

with
Roast Potatoes,
Carrots, Peas
& Gravy

Cheese Sandwich

Fresh Fruit,
Yoghurt
or
Chocolate Muffin

THURS

Protein Power Plant
Balls with Tomato
Sauce

with
Pasta & Sweetcorn

Cheese Sandwich

Fresh Fruit,
Yoghurt
or
Ice Cream & Fruit

FRI

Crispy Nugget
Dippers & Chips

with
Garden Peas

Cheese Sandwich

Jacket Potato
& Cheese

Fresh Fruit,
Yoghurt
or
Jelly & Fruit