

PORK & GELATIN FREE AUTUMN TERM 1 - MENU 1

Weeks commencing; 02/09/24, 23/09/24, 14/10/24

MON

Quorn Sausage &
Yorkshire Pudding

With
Mashed Potato, Peas
& Gravy

Cheese Sandwich

Fresh Fruit,
Yoghurt
or

Chocolate Cookie &
Fruit

TUES

BBQ Chicken Wrap

with
Rice &
Veggie Sticks

Cheese Sandwich

Fresh Fruit,
Yoghurt
or

Shortcake &
Custard

WED

Roast Quorn

with
Oven Roasted
Potatoes
Mixed Vegetables
& Gravy

Cheese Sandwich

Fresh Fruit,
Yoghurt
or

Vanilla Muffin &
Fruit

THURS

Cheese & Tomato
Pasta Bake

with
Crusty Bread &
Sweetcorn

Tuna Mayo Sandwich

Fresh Fruit,
Yoghurt
or

Peach Melba

FRI

Crispy Crumb Fish
Fingers

with
Chips & Baked
Beans

Cheese Sandwich

Jacket Potato
& Beans

Fresh Fruit,
Yoghurt
or

Chocolate Crackle

PORK & GELATIN FREE AUTUMN TERM 1 - MENU 2

Weeks commencing; 09/09/24, 30/09/24, 21/10/24

MON

Beef Chilli

with
Rice &
Mixed Vegetables

Tuna Mayo Sandwich

Fresh Fruit,
Yoghurt
or
Oaty Biscuit & Fruit

TUES

Chicken Goujons

with
Potato Wedges,
Southern Gravy Dip
& Veggie Sticks

Cheese Sandwich

Fresh Fruit,
Yoghurt
or
Chocolate Sponge &
Cream

WED

Roast Quorn &
Yorkshire Pudding

with
Mashed Potato,
Baby Carrots,
Broccoli & Gravy

Cheese Sandwich

Fresh Fruit,
Yoghurt
or
Lemon Drizzle
Muffin

THURS

Italian Style Minced
Beef Pasta
Bolognese

with
Sweetcorn
& Crusty Roll

Cheese Sandwich

Fresh Fruit,
Yoghurt
or
Chocolate Oat
Delight & Custard

FRI

Fillet of Fish &
Chips

with
Garden Peas

Cheese Sandwich

Jacket Potato &
Tuna Mayo

Fresh Fruit,
Yoghurt
or
Waffle, Ice Cream &
Fruit

PORK & GELATIN FREE AUTUMN TERM 1 - MENU 3

Weeks commencing; 16/09/24, 07/10/24

MON

Quorn Patty
Breakfast Roll

with
Hash Browns &
Baked Beans

Cheese Sandwich

Fresh Fruit,
Yoghurt
or
Chocolate Crunch &
Cream

TUES

Cheese Pizza

with
Potato Wedges &
Veggie Sticks

Tuna Mayo Sandwich

Fresh Fruit,
Yoghurt
or
Ice Cream

WED

Roast Chicken &
Stuffing

with
Roast Potatoes,
Carrots, Peas
& Gravy

Cheese Sandwich

Fresh Fruit,
Yoghurt
or
Chocolate Muffin

THURS

Beef Meatballs with
Tomato Sauce

with
Pasta & Sweetcorn

Cheese Sandwich

Fresh Fruit,
Yoghurt
or
Ice Cream & Fruit

FRI

Fish Squares
& Chips

with
Garden Peas

Tuna Mayo Sandwich

Jacket Potato
& Cheese

Fresh Fruit,
Yoghurt
or
Jelly & Fruit