



Headteacher: Mrs C Fulstow
Elloughton Primary School
Stockbridge Road
Elloughton
Brough
East Riding of Yorkshire
HU15 1HN

13th March 2020

Dear Parents/Carers,

Forest Skills

In Year 5 we are looking at ways of increasing the children's confidence, independence and resilience in our learning. To help us do this we have organised a series of Forest School sessions at a woodland area in North Cliffe. These will offer a unique educational experience using the outdoor environment of the forest as a classroom. The forest school lessons will run on a **Monday afternoon** as follows:

Group 1: 1:00pm – 3:00pm

Group 2: 1:00pm – 3:00pm

23rd and 30th March 2020
20th and 27th April 2020
11th and 18th May 2020

1st, 8th, 15th and 29th June 2020
6th and 13th July 2020

Research has shown that Forest Schools benefit children in many ways. Our aim is to have a positive impact in all areas for all of the children.

- **Confidence:** Children have the freedom, time and space to learn and demonstrate independence
- **Social skills:** Children gain increased awareness of the consequences of their actions on peers through team activities such as sharing tools and participating in play
- **Communication:** Language development is prompted by the children's sensory experiences
- **Motivation:** Woodland tends to fascinate the children. They develop a keenness to participate and the ability to concentrate over longer periods of time
- **Physical skills:** The development of physical stamina, gross and fine motor skills is promoted
- **Knowledge and understanding:** The children develop an interest in the natural surroundings and respect for the environment

On arrival at the woodland area, the children will be met by staff from our school and from Humber Forest Schools. All the staff are fully trained in outdoor learning and forest schools, and will provide the children with a whole range of enriching, engaging and confidence building activities.

All we ask is that your child comes to school dressed in school uniform as normal, bringing old clothes, waterproof footwear, a waterproof coat to change in to at lunchtime, along with bringing a sense of adventure!

In order to keep costs to a minimum, we are seeking help from parents to transport the children in small groups. This amazing opportunity may only be possible if we have enough parents to help with transport. Ideally, the same parents will do all 6 weeks of their child's group's sessions. If you are able to help, please indicate on the reply slip below by Wednesday 18th March 2020. Mileage expenses can be claimed.

The school will subsidise the actual cost of the Forest Skills sessions however, we request a contribution of £30.00 for 6 weeks which can be made payable on SIMS Pay. By giving your consent

Telephone: (01482) 666231 Fax: (01482) 666642 Email: admin@epsch.co.uk

Website: www.elloughtonprimaryschool.co.uk



on SIMS Pay you are giving your permission for your child to be transported to and from these sessions by other parents. Thank you, as always, for your support.

Yours Sincerely

Miss Johnston
Year 5/6 Phase Leader

Mrs Woodend
Outdoor Education Lead

What to wear at Forest School

It is always colder at Forest School than at home or school. To keep warm at all times means dressing in several layers, it is better to have more clothes than not enough

1st Layer - long sleeved t shirt, leggings or tights, with thin socks

2nd Layer - close fitting fleece, jumper or school sweat shirt - trousers or track suit bottoms to go over the leggings layer, 2nd pair of socks - make sure these are not too tight.

3rd Layer - Thick jacket that fits easily over the other layers.

4th Layer - Water and wind proof jacket and trousers or all in one

Hat - either woolly to keep heat in or thin to keep sun off, depending on the weather

Mittens/gloves - waterproof if possible

Socks - a couple of thin pairs and an extra thick pair

Strong shoes, boots or wellies - make sure these still fit when worn with extra socks

Even in summer, arms and legs need to be protected from insects, nettles and scratches by long sleeves.

Forest Schools Transport Volunteer and Permission

Please return by Wednesday 18th March 2020

Pupil name: _____ **Class teacher:** _____

Please select from one of the following options:

- I am unable to help with transport for Forest Schools but give permission for my child to be transported by another parent
- I can help to transport ___ children (number of seats in your vehicle) for all of the Group 1 dates
- I can help to transport ___ children (number of seats in your vehicle) for all of the Group 2 dates
- I can help with transport on the following dates only:

Print name: _____