



Headteacher: Mrs C Fulstow  
Elloughton Primary School  
Stockbridge Road  
Elloughton  
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East Riding of Yorkshire  
HU15 1HN

22<sup>nd</sup> September 2023

Dear Parents/Carers

### FOREST SCHOOLS PROGRAMME 2023 -2024

We're delighted this year to be working closely with two Forest School leaders from Humber Forest School Ltd. From October they will be in school every Friday morning, leading outdoor sessions alongside our teaching staff. Each class from Year 1 - Year 6 will have three whole mornings when they will take part in a range of Forest School problem solving activities to develop and apply their bushcraft skills.

Well documented evidence based research shows that children through Forest School grow in self-confidence, develop initiative and become more physically able as they take on challenges and projects in the outdoors. It helps to develop teamwork and social skills, along with a sense of community. Forest School enables children to try things out without the fear of failure. Often those who struggle to find a voice within the classroom, feel able to express their opinions and feelings when gathered around the campfire; whilst those who find concentrating difficult in a classroom, can spend well over an hour developing fire lighting skills or concentrating on whittling the "very best pointy stick"!

The lessons in the Autumn term are for Key Stage One, dates are listed below:  
Year 1 (Mary Seacole Class) - 6th/13th/20th/ October  
Year 1/2 (Frida Kahlo Class) - 27th October/10th/17th November  
Year 2 (Amy Johnson Class) - 24th November/1st December/8th December

The children will need to come to school wearing old clothes, have a waterproof coat, ideally also waterproof trousers if they have them, wellies, hat and gloves. They will need to bring their uniform to change into after the session.

We will be using some of our Sports Premium funding to subsidise the sessions although would welcome a donation/voluntary contribution of £10 to assist with the cost.

Please pay on Reach More Parents by Wednesday 4<sup>th</sup> October 2023.

This promises to be a very exciting outdoor programme utilising our school grounds. It will benefit all our children and help to develop an interest in their natural surroundings and respect for the environment. If you have any queries about the sessions, please contact your child's class teacher.

Yours sincerely

Mrs Fulstow  
Headteacher

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