



Headteacher: Mrs C Fulstow
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5th November 2020

Dear Parent/Carer,

Relationship Education

In response to our changing society and the impact of the internet, the DfE has introduced statutory **Relationship Education** to primary schools. These lessons are not new and have been delivered in primary schools since 2000; however, some of the content has now been updated to help keep children safer.

As a school, we have decided to work closely with a specialist organisation BigTalk Education, recognised by national leading bodies and the government. They work with 3 to 18 year olds and have been involved in delivering age appropriate relationship education for over 20 years. In addition, they deliver training for professionals, parents and carers to support in schools and at home.

We will be having a series of workshops on Monday 7th December when the Growing Up Safe programme will be delivered to the children by BigTalk Education; it reflects the **Ofsted & NCBSEF** (the National Children's Bureau's Sex Education Forum) recommendations. The session for nursery children will be taking place on Monday 7th December 2020 at 10.45-11.00am. If your child does not usually attend that day, you are more than welcome to drop them off and collect them at the allocated times. Below is a summary of the content of the workshops.

- **Age 3 Nursery** A fun learning environment where the children are taught the differences between boys and girls, naming body parts, correct scientific words, private areas of the body, good touches and bad touches.

- **Ages 4 to 8 (Reception School Years 1, 2 & 3)** Using specially designed child friendly resources at the end of this session they will be able to identify happy situations and those which may be risky (e.g. other children or adults taking improper photographs of them, inappropriate touches, exposure to unsuitable media etc.) plus who they can talk to if they are worried.

- **Ages 8 to 9 (School Year 4)** We cover different kinds of families, similarities and differences between boys and girls, the emotional and physical changes of growing up (puberty) how babies are made, then develop in the womb etc. (reproduction). Looking after our bodies and how to be safe and healthy are also discussed.

- **Ages 9 to 11 (School Years 5 & 6)** Reproduction and puberty are re-capped, the children are given the opportunity to ask questions. As well as additional questions on puberty, they will often want more details on how babies develop and are born. It is important that they know there is someone in school as well as at home if they want help, advice or more information etc. (Information at this stage is vital to protect them as they move onto Secondary School and to provide an alternative to Google etc.

All the resources BigTalk Education use are age appropriate and help keep children protected from unwanted touches, abuse and exposure to unsuitable images etc. Research now shows that children receiving this type of education are three times more likely to speak out if they are touched inappropriately etc.

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A Parent Information Session will be held on Wednesday 25th November at 5.00pm via zoom, when a facilitator from BigTalk Education will cover in greater detail what is included and the vital role parents/carers can play in keeping their children safe both now and as they progress into Secondary School. There will also be an opportunity to ask any questions as a small group or individually. Further information is also available on www.bigtalkeducation.co.uk/parents. If you wish to attend the parent information session, please book a place using the parents evening system: elloughtonprimaryschool.co.uk by Friday 20th November 2020. The zoom link will then be sent to you nearer the time. If you cannot make the session, please email admin@epsch.co.uk to request a recording of the session.

The book that accompanies the Growing Up Safe programme Bodies, Babies and Bellybuttons will be available to purchase at the meeting at the discounted price of £8 (20% reduction from the online price of £9.99).

Yours sincerely

Rebecca Brammall and Hannah Stillings
PSHE (Personal Social Health Educations) Leaders



 BigTalkEducation.co.uk  [@BigTalkEd](https://twitter.com/BigTalkEd)

Relationship Education
to help keep children safer

Information for Parents & Carers of children in Primary Schools