

A healthy heart



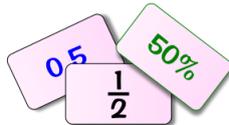
Human Body

During Science and PE lessons your child will be learning more about the human body. We will be focusing particular attention on the circulatory system; how it works; the organs involved; the impact of diet and exercise and its purpose. To aid your child in their learning you could consider a week's worth of dinners which contained foods for a healthy heart or read some information on a healthy heart. Taking part in some family exercise to improve the health of your heart would also be great fun. We're sure many of you do this already on a regular basis!

Fractions

In Maths this term we will be spending a lot of time learning about fractions and related decimals and percentages. Fractions are often seen by the children as a daunting area of the curriculum and a lot of time is spent showing children how their learning is relevant in their lives. To aid them further in this it would be great if you could do also take part in looking at fractions in real life.

- Cutting up cakes/pizzas/pieces of wood into different fractions and ensuring they are the same size.
- Sharing sweets/toys/money into different fractions.
- Calculating sale prices



Keeping Up To Date

Knowing about the world around you is very important. We would like you to encourage your child to watch age appropriate news programmes and read newspapers. First News is published weekly and is a great source of news for children. By reading and watching such programmes your child is being involved with topical and current information which helps them to form opinions and discuss their thoughts. This will also help children to learn to write in these styles. Family discussions can be held about events which take place.

FirstNews
NEWS TO GET YOUNG PEOPLE TALKING