VEGAN SPRING/SUMMER TERM MENU 1

Weeks commencing; 19/02/24, 11/03/24, 15/04/24, 06/05/24, 03/06/24, 24/06/24, 15/07/24

MON

Quorn Sausage

With Mashed Potato, Peas & Gravy

> Vegan Cheese Sandwich

Fresh Fruit,
Alpro Dessert
or
Chocolate Cookie &
Fruit

TUES

BBQ Quorn Wrap

with Rice & Veggie Sticks

Vegan Cheese Sandwich

Fresh Fruit,
Alpro Dessert
or
Shortcake &
Custard

WED

Quorn Roast Fillet

with
Oven Roasted
Potatoes
Mixed Vegetables
& Gravy

Vegan Cheese Sandwich

Fresh Fruit,
Alpro Dessert
or
Vanilla Muffin &
Fruit

THURS

Pizza Pasta Bake

with Crusty Bread & Sweetcorn

Vegan Cheese Sandwich

Fresh Fruit,
Alpro Dessert
or
Peach Melba

FRI

Ocean Friendly Fingers

with Chips & Baked Beans

Vegan Cheese Sandwich

Fresh Fruit,
Alpro Dessert
or
Chocolate Crackle

VEGAN SPRING/SUMMER TERM MENU 2

Weeks commencing; 26/02/24, 18/03/24, 22/04/24, 13/05/24, 10/06/24, 01/07/24

MON

Vegan Chilli

with Rice & Mixed Vegetables

Vegan Cheese Sandwich

Fresh Fruit,
Alpro Dessert
or
Oaty Biscuit & Fruit

TUES

Crispy Nugget Dippers

with Potato Wedges, Southern Gravy Dip & Veggie Sticks

> Vegan Cheese Sandwich

Fresh Fruit,
Alpro Dessert
or
Chocolate Sponge &
Plant Cream

WED

Quorn Roast Fillet

with Mashed Potato, Baby Carrots, Broccoli & Gravy

Vegan Cheese Sandwich

Fresh Fruit,
Alpro Dessert
or
Lemon Drizzle
Muffin

THURS

Italian Style Pasta Bolognese

> with Sweetcorn & Crusty Roll

Vegan Cheese Sandwich

Fresh Fruit,
Alpro Dessert
or
Chocolate Oat
Delight & Alpro
Custard

FRI

Crispy Rainbow Fingers & Chips

with Garden Peas

Vegan Cheese Sandwich

Fresh Fruit,
Alpro Dessert
or
Waffle, Vegan Ice
Cream & Fruit

VEGAN SPRING/SUMMER TERM MENU 3

Weeks commencing; 04/03/24, 08/04/24, 29/04/24, 20/05/24, 17/06/24, 08/07/24

MON

Summer Brunch Muffin

with Hash Browns & Baked Beans

Vegan Cheese Sandwich

Fresh Fruit,
Alpro Dessert
or
Chocolate Crunch &
Plant Cream

TUES

Cheese Pizza

with Potato Wedges & Veggie Sticks

> Vegan Cheese Sandwich

Fresh Fruit,
Alpro Dessert
or
Strawberry
Smoothie

WED

Quorn Roast Fillet & Stuffing

with Roast Potatoes, Carrots, Peas & Gravy

Vegan Cheese Sandwich

Fresh Fruit,
Alpro Dessert
or
Chocolate Muffin

THURS

Protein Power Plant Balls with Tomato Sauce

with Pasta & Sweetcorn

> Vegan Cheese Sandwich

Fresh Fruit,
Alpro Dessert
or
Vegan Ice Cream &
Fruit

FRI

Crispy Nugget
Dippers & Chips

with Garden Peas

Vegan Cheese Sandwich

Fresh Fruit,
Alpro Dessert
or
Jelly & Fruit