

WELCOME TO THE FIFTH EDITION OF THRIVE — A NEWSLETTER WHICH AIMS TO PULL TOGETHER INFORMATION, RESOURCES AND UPDATES ON ALL THINGS SEND (SPECIAL EDUCATIONAL NEEDS AND DISABILITIES) AND WELL BEING IN OUR SCHOOL COMMUNITY, REGION AND BEYOND.

## DO YOU WANT TO KNOW MORE ABOUT EHCP'S?



#### WHAT IS AN EHCP?

**EHCP stands for 'Educational Health and Care Plan'.** An Education, Health and Care plan is a legal document, that describes a child's special educational needs (SENs). It informs a named educational setting how best to support a child, what their strengths and needs are, lists a child's individual outcomes and what support is needed in order for the child to achieve these outcomes.

#### DOES MY CHILD NEED AN EHCP?

Does your child have special educational needs (SENs)?

Education, Health and Care plans are required for a child when they are requiring a higher level of support than what can already be provided in school. EHCP's will only be agreed if it is very clear that your child needs adult support in more than 50% of lessons.

It does not mean that a child can no longer attend a mainstream school if they require an EHCP. However a school can express that they are unable to meet a child's needs should they receive an EHCP and feel they cannot provide the level of support required. In this instance it may be that a child is better placed in a different school with specialist provision depending on their needs.

FURTHER INFORMATION CAN BE FOUND BY SCANNING ME



### WHAT DO I NEED TO DO IF I FEEL MY CHILD REQUIRES AN EHCP?

If you feel your child requires further support above and beyond what we as a school are already providing you should firstly contact school. This can be done by sending an email to <a href="SEND@epsch.co.uk">SEND@epsch.co.uk</a> we would then organise a meeting to discuss your concerns. Following the meeting it may be advised that the EHCP needs assessment process is started.



#### WHAT IS THE EHCP NEEDS ASSESSMENT PROCESS?

This is the process the Local Authority carries out to determine if a EHCP is required for a child.

A request for an EHCP assessment can be made by the child's parents or their education setting. Once a request for an assessment has been received by the Local Authority they then have no longer than six weeks to formally respond.

If the Local Authority agrees to complete the assessment they then will ask all professionals working with the child and parents to provide reports about the child. These reports will then be used to decide if an Educational Health and Care plan is required or not. This decision will be given in writing. If the Local Authority refuses a plan, parents have up to 16 weeks to appeal the decision.

If the Local Authority agrees a plan should be in place the Local Authority will then produce a draft plan and send it to parents and the child's education setting. You are then allowed 15 days in order to put forward any amendments you wish to be made to the plan. The finalised plan will then be sent to the child's parents and the named educational provider.

### LET'S LOOK AT DYSLEXIA

It's estimated up to 1 in every 10 people in the UK have some degree of dyslexia.

The exact cause of dyslexia is unknown, but it often appears to run in families. It's thought certain genes inherited from your parents may act together in a way that affects how some parts of the brain develop during early life.

Dyslexia is a learning difficulty which primarily affects reading and writing skills. However, it does not only affect these skills. Dyslexia is actually about information processing.

Dyslexic people may have difficulty processing and remembering information they see and hear, which can affect learning and the acquisition of literacy skills. Dyslexia can also impact on other areas such as organisational skills.

Unlike a learning disability, intelligence isn't affected. It is important to remember that there are positives to thinking differently. Many dyslexic people show strengths in areas such as reasoning and in visual and creative fields. This is significantly true of our dyslexic learners at Elloughton School.

If you think your child may have dyslexia, the first step is to speak to their class teacher or contact the SEND Team about your concerns.



### WHAT WE DO TO SUPPORT CHILDREN IN SCHOOL

At Elloughton Primary School we aim to ensure that our first class quality teaching and learning environments are dyslexia friendly to meet the needs of our dyslexic learners. Here are some adjustments which are made:

- Offer alternatives to writing as a key method of recording, e.g. mind mapping, story/ text mapping
- Provide pupils with ipads to take a copy of text from the whiteboard so information is directly
  in front of them.
- Repeat instructions/information and check for understanding of tasks
- Use visual timetables with colour coding and symbols
- Use Dyslexia friendly fonts and background colours on interactive whiteboards
- Provide access to assistive technology such as a chromebooks or ipads for pupils who find it difficult to read large amounts of text or to support extended writing tasks
- Use multi-sensory ways of teaching
- Support learners in developing their self-organisation skills through visual prompts
- Allow time to respond as many dyslexic students are slower to process information
- Break information and instructions into smaller 'chunks'
- Provide a consistent phonological awareness/ spelling programme from starting school to Year
- Give access to dyslexic friendly texts for their child's home reading books
- Provide intervention programmes to develop phonological awareness, spelling and working memory skills

# WHAT LOCAL SUPPORT SERVICES ARE THERE FOR FAMILIES OF CHILDREN WITH SEND?



#### EAST RIDING SENDIASS:

SENDIASS offers impartial, confidential information, advice and support for parents and carers of children and young people (aged 0-25) and children and young adults (up to the age of 25) with special educational needs or disabilities.

The service is free to use and easy to access. They can help children, young people and parents understand and take part in decisions that affect their lives.

We can offer you information, advice and support if you are a:

- parent or carer for a child or young person up to the age of 25 with SEND
- child or young person up to the age of 25 who has special educational needs or disabilities.

We aim to empower you to play an active and informed role in your or your child's education.

We will work with you to address any issues you are experiencing, and offer our support and guidance throughout the process. East Riding SENDIASS offer a tailored approach to support your needs, helping to find the best solution for each individual case.

For more information visit: www.eastridingsendiass.org.uk

#### THE LOCAL OFFER

The Local Offer is a way to make it easier for you to find out about services and support available to children and young people from birth to 25 years with special educational needs and disabilities (SEND).

Simply search their database of information and specific services and groups at:

www.eastridinglocaloffer.org.uk

# FISH (FAMILIES INFORMATION SERVICE HUB)



FISH are responsible for providing information to families of children and young people and the professionals who support these families. You can find information about the following areas:

- Looking for childcare
- Children's centres
- Education and learning
- Health
- Help lines
- Leisure centres
- Money matters
- Parent toddler groups
- Support for parents and young people
- Activities and services for children with additional needs

### COFFEE & CHAT EVENTS

Thank you to all that attended our 'Autism' focused coffee and chat session with Gill Jagger from the charity 'Aim Higher'. We received some great feedback from parents.

'Thanks for the event this morning, found it really helpful to speak with others and hear more about Aim higher.'

#### Watch this space for our next event!

If you have any suggestions for any aspect of SEND/Pastoral support do get in touch.



### TALKING TEENS WORKSHOPS: YOUR GUIDE TO UNDERSTANDING TEENAGERS

The teenage years can be challenging for parents and for teenagers themselves. Helen Dakin, our ELSA and Rebecca Brammal our Deputy head and behaviour lead, are running these workshops which aim to support parents to meet these challenges, understand teenagers and promote emotional and mental health.

A series of 4 workshops starting Wednesday 4<sup>th</sup> February 2023. Contact the school via <a href="mailto:send@epsch.co.uk">send@epsch.co.uk</a> to book your place.

#### DYSLEXIA FRIENDLY BOOKS

#### BARRINGTON STOKE

Does your child struggle to read due to dyslexia or visual stress? Are they reluctant to engage with books or read for pleasure? We work with the best writers and illustrators to publish super-readable, accessible books that help every child experience the joy of reading.

#### Our books are:

- Unique, dyslexia friendly font to make reading easier.
- Accessible layouts and spacing to stop the page from becoming overcrowded.