



Autumn 2021



# Sporting News



## Competitions

It has been wonderful to see so many children taking part in events and competitions again. As members of the East Riding School Sport Partnership, we have access to an events and competitions calendar- many of which take place at our local secondary school, South Hunsley. We aim to get as many children participating as possible - taking two teams where possible. We think very carefully about selection, with the most important factor being that children feel confident taking part and have a positive experience.

All children who have participated in competitions and events so far this term have been an absolute credit to the school and we are very proud of all of them. We hope to offer more children the opportunity to take part in events over the course of the year.

Year 5/6 Girls Football Competition South Hunsley



Year 5/6 Boys Football Competition South Hunsley



Year 3/4 Dodgeball Competition



Year 5/6 Dodgeball Competition South Hunsley



## Let's Move!

We aim to get all children involved in regular physical activity. The Chief Medical Officer guidelines recommend that children undertake at least 30 minutes physical activity a day in school. There are lots of things we do to encourage this, including active breaks and lunchtimes. This year, we have also introduced Fitness Fridays which the children (and staff!) have loved - any excuse for a boogie! We particularly enjoyed the Halloween Thriller dance. The aim of these sessions is to increase physical activity with a focus on fun and wellbeing.



Halloween Fitness Friday!



# Curriculum

Ask us what we have been learning.

## Autumn Term 1

Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<b>Music and Movement</b> 	<b>Music and Movement</b> 	<b>Fitness</b> 	<b>Fitness</b> 	<b>Fitness</b> 	<b>Fitness</b> 	<b>Fitness</b> 	<b>Fitness</b> 
	<b>Intro to PE</b> 	<b>Fundamentals</b> 	<b>Fundamentals</b> 	<b>Fundamentals</b> 	<b>Fundamentals</b> 	<b>Fundamentals</b> 	<b>Badminton</b> 

In the first half of the autumn term, we developed our fundamental movement skills such as balancing, running, changing direction, jumping, hopping and travelling. These skills will help us later on in the year in all areas of PE and sport. We also learned about different components of fitness; speed, stamina, strength, coordination, balance and agility. We know that we need to persevere when we get tired or when we find a challenge hard and we support others to do the same. This year, we have also introduced badminton to our curriculum and the Year 5/6 children enjoyed learning new skills and using our new equipment.

## Autumn Term 2

Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<b>Music and Movement</b> 	<b>Music and Movement</b> 	<b>Gymnastics</b> 	<b>Gymnastics</b> 	<b>Gymnastics</b> 	<b>Gymnastics</b> 	<b>Gymnastics</b> 	<b>Gymnastics</b> 
	<b>Intro to PE</b> 	<b>Ball skills</b> 	<b>Ball skills</b> 	<b>Hockey</b> 	<b>Hockey</b> 	<b>Hockey</b> 	<b>Hockey</b> 

In the second half of the autumn term, we have been developing our gymnastics skills, exploring gymnastic shapes using the floor and apparatus, building sequences of actions and developing our confidence in performing. Year 1 and 2 have been developing their ball skills to prepare them for more sport specific activities and team games later in the year. Years 3 to 6 have been developing their hockey skills such as sending, receiving and dribbling a ball, attacking and defending. Children have been encouraged to think about how to use skills, strategies and tactics to outwit the opposition. Children have been learning the importance of playing fairly and keeping to the rules.