



Headteacher: Mrs C Fulstow
Elloughton Primary School
Stockbridge Road
Elloughton
Brough
East Riding of Yorkshire
HU15 1HN

5th June 2023

Dear Parents/Carers,

Residential Visit to East Barnby

Thank you to those Year 5 parents/carers who attended the residential talk last week. We have been given confirmation of our visit dates which will be from 6th – 10th November 2023. Please find attached the PowerPoint slides from our talk along with the kit list.

We can now confirm that the cost of the residential visit is **£405 per child**, which includes all accommodation, activities, food and travel by coach. **A non-refundable deposit of £100 is required by Wednesday 19th July 2023** to confirm your child's place. **As we are so close to the date we are due to attend the residential, this deadline is strict and must be adhered to.** Please note the deposit is non-refundable unless the trip does not take place. All payments made by 19th July should be made via Pay360, after this date payments will be made via our new school payment system, details of which you will receive shortly. If you do not wish for your child to attend, please contact the school office as soon as possible. Your child will be expected to attend school as normal if you choose for them not to take part in this residential.

Below is the payment schedule for this visit.

Payment date	Amount due
19 th July 2023	£100 Deposit
14 th August 2023	£100
14 th September 2023	£100
9 th October 2023	£105
Total:	£405

After 19th July, the trip can be paid in full via our new system, but if parents/carers prefer, we are happy to receive regular instalments (although payments **MUST** be received by the payment dates as above). Please kindly be advised that the full balance must be received **no later than 9th October 2023** and there will be no exception to this, failure to do so may unfortunately result in your child not being able to participate in the visit.

We believe that this residential visit is a valuable part of your child's education, and we encourage as many children as possible to attend due to the huge benefits a residential visit brings.

If you have any queries or concerns regarding this proposed visit, please do not hesitate to contact myself or Miss Johnston, UKS2 Phase Leader.

Yours sincerely

Mrs C Fulstow
Headteacher

Telephone: (01482) 666231 Fax: (01482) 666642 Email: admin@epsch.co.uk
Website: www.elloughtonprimaryschool.co.uk



East Barnby 2023 Kit List

Note from East Barnby: Our courses involve a lot of time outdoors, whatever the weather, and there is a likelihood of clothes getting wet and/or muddy. Hard-wearing, warm clothes are required. The following should be regarded as a minimum for 5 day courses:

Clothing	✓	Other	✓
4-5 pairs of thick socks		1-2 towels (small and quick drying)	
4-5 pairs of thin socks		Toiletries (no aerosols)	
Several changes of underwear		Toothbrush and toothpaste	
3-4 long sleeved t-shirts		Lypsyl or lip salve	
3-4 t-shirts/thermal tops/'skins'		Medication	
3-4 fleeces/jumpers (not hoodies)		Tuck Shop money	
3-4 pairs of trousers/tracksuit bottoms/leggings/'skins' (not jeans)		Playing cards/paper and pencils/reading book	
1 pair of old trainers		Cuddly toy	
1 pair of walking boots/walking shoes		Headtorch & spare batteries	
Pyjamas (no onesies)		Refillable water bottle (1 litre)	
Gloves (not mittens)		Flask/thermos	
Hat (not a bobble hat)		Rucksack/daysack	
'Buff'/scarf		2-3 Large bin liners	
Waterproof coat			
Wellington boots (optional)			
Flip flops/sliders (optional)			

Other things to note:

All specialist outdoor equipment will be provided by East Barnby, including waterproofs, helmets and wellies. Please ensure that all clothing and possessions are named (including medication such as inhalers): remember you may be in a dormitory with 12 or more people. East Barnby cannot accept responsibility for any valuables, they do not have a safe for student valuables and centre staff are not allowed to look after them.

The course is an opportunity to experience a simpler life and experience time away from the online world and consumer society – please do not bring mobile phones, iPods, iPads, games consoles, MP3 players, etc. – talk to each other, listen to the sound of the wind in the trees, bird calls and mountain streams.

Please note that aerosol deodorants are not allowed at East Barnby as they set the smoke alarms off! Please bring a suitable alternative.



East Barnby Visit Meeting June 2023

What is East Barnby?

East Barnby is an Outdoor Education Centre, which specialises in residential stays which are centered around developing teamwork, resilience, confidence and independence through a high-quality programme of activities in the outdoors.



Where is East Barnby?

East Barnby near to Sandsend and Whitby. The activities we do at East Barnby take in the surrounding area - in the North Yorkshire Moors and on the coast.



Why East Barnby?

- East Barnby's outdoor education program is bespoke to our school.
- The instructors are highly qualified and usually stay with a group for 5 days.
- The activities on offer are in the real world, so all the children are engaged and active - no waiting in queues!
- The children have gained so much from the experience in previous years - which makes us want to return each year.

Who goes with the children to East Barnby?

- Members of Elloughton staff will be on the visit.
- There is at least one adult in each group to support the children in a pastoral role.
- There is a staff room in each dorm building for Elloughton staff.



What does a week at East Barnby look like?

- During the day, outdoor adventurous activities are facilitated by East Barnby instructors.
- In the evenings, Elloughton staff facilitate a range of activities, such as a campfire, movie night and sledging.



What does a week at East Barnby look like?

An example itinerary looks like this:

	Monday	Tuesday	Wednesday	Thursday	Friday
<i>Arrive, dormitory and waterproof allocation</i>	1 Mountain Bike	Adventure Walk / Climb	Canoe	Beck Scramble	Orienteer
	2 Beck Scramble	Adventure Walk / Climb	Seashore	Orienteer	Canoe
	3 Orienteer	Canoe	Adventure Walk / Climb	Beck Scramble	Mountain Bike
	4 Orienteer	Canoe	Adventure Walk / Climb	Mountain Bike	Beck Scramble
					<i>Seashore Explore</i> <i>Review of the experience and departure</i>





Evening Activities



Evening Activities



Dorms are 4 bed or 10 bed rooms, the children will find out their dorm when they have arrived at East Barnby.

In each dorm building there is a staff room for Elloughton staff. The dorm building is locked and alarmed each evening.

Dorms

Food

We eat our breakfast and evening meal in the main building.

We eat our lunches while we are out on our activity.



The food is child-friendly and there is a choice of two main meals.

Breakfast includes cereals, yogurt, fruit and some cooked breakfast items.

The children will be well-fed and will find something to eat, even if they are fussy eaters.



How are the children grouped?

There will be 3 or 4 groups on this visit. Each group will have a group leader (a member of Elloughton staff) who will look after the children in a pastoral role. There will be at least one member of East Barnby staff with each group leading the activities.

The children will get to choose one friend to be in their daytime groups with, we will then form the groups of up to 12 children using these pairs.

The children will find out which group they are and their group leader(s) in the week before the visit.

Other important information

- We are able to administer different medication if needed.
- We discreetly deal with any accidents in the night.
- The external door on the dorm building is alarmed - so sleepwalkers can't wander off.
- East Barnby welcome visits from any children particularly nervous about staying away from home.



Other important information

- Dates: Monday 6th - Friday 10th November 2023
- Important that they can ride a bike
- Confidence with staying away from home is key

Please speak to any of the Year 5/6 team or Mrs Fulstow if you have any queries or your child is anxious about staying away from home.