

# DAIRY/EGG FREE SPRING/SUMMER TERM MENU 1

Weeks commencing; 19/02/24, 11/03/24, 15/04/24, 06/05/24, 03/06/24, 24/06/24, 15/07/24

## MON

Sausage

With  
Mashed Potato, Peas  
& Gravy

Vegan Cheese  
Sandwich

Fresh Fruit,  
Alrpo Dessert  
or

Chocolate Cookie &  
Fruit

## TUES

BBQ Chicken Wrap

with  
Rice &  
Veggie Sticks

Ham Sandwich

Fresh Fruit,  
Alrpo Dessert  
or

Shortbread &  
Alpro Custard

## WED

Roast Pork

with  
Oven Roasted  
Potatoes,  
Mixed Vegetables  
& Gravy

Vegan Cheese  
Sandwich

Fresh Fruit,  
Alrpo Dessert  
or

Vanilla Muffin &  
Fruit

## THURS

Pizza Pasta Bake

with  
Crusty Bread &  
Sweetcorn

Tuna & Vegan Mayo  
Sandwich

Fresh Fruit,  
Alrpo Dessert  
or

Peach Melba

## FRI

Crispy Crumb Fish  
Fingers

with  
Chips & Baked  
Beans

Ham Sandwich

Fresh Fruit,  
Alrpo Dessert  
or

Chocolate Crackle

# DAIRY/EGG FREE SPRING/SUMMER TERM MENU 2

Weeks commencing; 26/02/24, 18/03/24, 22/04/24, 13/05/24, 10/06/24, 01/07/24

## MON

Beef Chilli

with  
Rice &  
Mixed Vegetables

Tuna & Vegan Mayo  
Sandwich

Fresh Fruit,  
Alrpo Dessert  
or  
Oaty Biscuit & Fruit

## TUES

Chicken Goujons

with  
Potato Wedges,  
Southern Gravy Dip  
& Veggie Sticks

Vegan Cheese  
Sandwich

Fresh Fruit,  
Alrpo Dessert  
or  
Chocolate Sponge &  
Plant Cream

## WED

Roast Gammon

with  
Mashed Potato,  
Baby Carrots,  
Broccoli & Gravy

Ham Sandwich

Fresh Fruit,  
Alrpo Dessert  
or  
Lemon Drizzle  
Muffin

## THURS

Italian Style Minced  
Beef Pasta  
Bolognese

with  
Sweetcorn  
& Crusty Roll

Vegan Cheese  
Sandwich

Fresh Fruit,  
Alrpo Dessert  
or  
Chocolate Oat  
Delight & Alrpo  
Custard

## FRI

Fillet of Fish &  
Chips

with  
Garden Peas

Ham Sandwich

Fresh Fruit,  
Alrpo Dessert  
or  
Waffle, Vegan Ice  
Cream & Fruit

# DAIRY/EGG FREE SPRING/SUMMER TERM MENU 3

Weeks commencing: 04/03/24, 08/04/24, 29/04/24, 20/05/24, 17/06/24, 08/07/24

## MON

Summer Brunch  
Muffin

with  
Hash Browns &  
Baked Beans

Vegan Cheese  
Sandwich

Fresh Fruit,  
Alrpo Dessert  
or  
Chocolate Crackle &  
Plant Cream

## TUES

Vegan Cheese Pizza

with  
Potato Wedges &  
Veggie Sticks

Tuna & Vegan Mayo  
Sandwich

Fresh Fruit,  
Alrpo Dessert  
or  
Strawberry  
Smoothie

## WED

Roast Chicken &  
Stuffing

with  
Roast Potatoes,  
Carrots, Peas  
& Gravy

Ham Sandwich

Fresh Fruit,  
Alrpo Dessert  
or  
Chocolate Muffin

## THURS

Beef Meatballs with  
Tomato Sauce

with  
Pasta & Sweetcorn

Vegan Cheese  
Sandwich

Fresh Fruit,  
Alrpo Dessert  
or  
Vegan Ice Cream &  
Fruit

## FRI

Fish Squares  
& Chips

with  
Garden Peas

Ham Sandwich

Fresh Fruit,  
Alrpo Dessert  
or  
Jelly & Fruit